

Breathless

Competition Step Sheet

DIVISION: Starter All



Description: 32 Counts, 4 Walls, Country
Choreographer: Alexis Tait (SCO)
Music: Breathless by The Just Adam Band
Count-in: 8 Counts

1-8 Side Rock, ¼ Recover, Shuffle, Step, ½ Pivot, Shuffle

1-2 Rock R to R, turn ¼ L recover weight on to L (9:00)
3&4 Step R forward, step L beside R, step R forward
5-6 Step L forward, pivot ½ R transferring weight onto R (3:00)
7&8 Step L forward, step R beside L, step L forward

9-16 Rock, Back, Back, Back Rock, Kick Ball Change

1-2 Rock R forward, recover weight on to L
3-4 Step R back, step L back
5-6 Rock R back, recover weight on to L
7&8 Kick R forward, step R beside L, step L forward

17-24 Step, ¼ Pivot, Step, ¼ Pivot, Heel Switches, ⅛ Touch

1-2 Step R forward, pivot ¼ L transferring weight onto L (12:00)
3-4 Step R forward, pivot ¼ L transferring weight onto L (9:00)
5&6& Touch R heel forward, step R beside L, touch L heel forward, step L beside R
7-8 Touch R heel forward, turn ⅛ L touch R beside L (7:30)

25-32 Step, ⅛ Sweep, Cross Shuffle, Kick Side, Step, Kick Side, Step

1-2 Step R forward, turn ⅛ R sweeping L from back to front (9:00)
3&4 Cross L over R, step R beside L, cross L over R

Restart Here on Wall 9

5-6 Kick R to R side, step R forward
7-8 Kick L to L side, step L forward

Tag At the end of Wall 4

1-4 Kick Side, Step, Kick Side, Step

1-2 Kick R to R side, step R forward
3-4 Kick L to L side, step L forward